

Braydyn Lents

First Year MSW Student, Journalism B.A.

12776 E 150 North, P.O. Box 15 | (812) 361-8635

bglents@iu.edu

LinkedIn: www.linkedin.com/in/braydyn-lents-b5a250205

Dedicated and passionate First Year MSW student at Indiana University with a background and a Bachelor's Degree in Journalism, also from Indiana University, seeking to leverage strong communication skills and empathy to make a positive impact in the field of social work. Proven ability to conduct research, analyze data, and write compelling narratives. Eager to apply theoretical knowledge and practical experience gained from internship placements to address social issues and promote social justice. Motivated team player with a deep commitment to helping individuals and communities in need.

Professional Experience

Production Assistant

*Indiana University Student Television,
Bloomington, Indiana, United States*

January 2022 - December 2024

- Worked as a production assistant but was limited in time to spend in the
- studio due to having COVID-19 for several months and two positive COVID
- tests. Ultimately leaving the company after having COVID twice and being
- severally ill which is why I left a lot of jobs in the winter of 2022.
- Worked my way up to getting to a sideline reporting job in August of 2022.
- Obtained almost three whole weeks where I published stories and created
- content.
- Introduced fresh ideas and gave perspective on things even if people were
- not listening to me.

Editorial Intern

*Bloom Magazine, Bloomington, Indiana, United
States*

February 2022 - July 2022

- Worked with a collaborative team whose main focus was traditional
- journalism, with an old school principal, that exhibited well, and was able to
- thrive in.
- As part of the internship, I put together more than just articles, more than just
- writing stories, and even interviewing subjects for stories, I worked on cleaning
- the offices, finding old documents to put into article, worked on Excel files to
- calculate total subscriptions to the magazine, buy food and drink products, and
- serve as a secondary on staff writer at the magazine until leaving in July 2022
- due to restarting college.
- Worked up to 8 hours a week, on Tuesdays and Thursdays.
- Worked on organizing Mac computers and cleaning out the office to add new
- merchandise and devices for the company's usage.
- Was involved in a few intense proofing sessions for when the magazine
- was beginning to print, as I worked extra time to help staff read articles, sell,
- and edit stories while changing printer cartages, and using pen and paper to
- meticulously edit every story from start until the magazine printed, usually on a

- Thursday night, and into the afternoon as it prints.
- Distributed magazines to various organizations including the Monroe County Chamber of Commerce, hotels, small businesses, and restaurants such as
- The Social Cantina, Darn Good Soup, and Crazy Horse.

Campus Tour Guide

Vincennes University, Vincennes, Indiana, United States

September 2021 - November 2021

- Celebrated achievements at Vincennes University, enhancing campus spirit and student engagement.
- Collaborated with teams to design promotional materials and coordinate event setups, improving visibility during PreVU Days.
- Developed and maintained an engaging social media presence through TikTok and Instagram, increasing outreach to prospective students.
- Led campus tours, utilizing effective communication and presentation skills to showcase university amenities and programs.
- Assisted in emergency situations, ensuring smooth operations and support for team members during unforeseen events.

Caregiver

The Emerald Place Assisted Living Facility, Washington, Indiana, United States

June 2014 - February 2020

- Washington, Indiana, United States
- Provided compassionate care for four patients, including my grandmother, ensuring their comfort and safety.
- Collaborated with healthcare teams to manage daily activities, including feeding, bathing, and transporting patients.
- Developed and implemented engaging activities and emergency plans, enhancing patient experience at Emerald Place.
- Managed financial aid processes and coordinated supply logistics to support patient care and staff needs.
- Advocated for Alzheimer's awareness, fostering understanding and support within the community.

Education

Bachelor of Arts - BA in Journalism August 2020 - May 2025

Indiana University Bloomington at Bloomington, Indiana

- Pursued a Bachelor's degree in Journalism from a renowned university with a focus on multimedia reporting, news writing, and investigative journalism. Took courses in media law and ethics, journalism ethics, and media production to build a solid foundation in the field.
- Conducted independent research projects on topics related to media bias, journalism ethics, and digital media's impact on society, showcasing a strong commitment to understanding the role of journalism in shaping public discourse and promoting transparency. Graduated with honors, demonstrating academic excellence and a dedication to the principles of responsible journalism.

Master of Social Work - MSW in School Social Work August 2025 - Present

Indiana University Bloomington at Bloomington, IN

- Pursuing a Master's degree in Social Work with a specialization in Clinical/Medical Social Work to further deepen knowledge and expertise in the field. Engaged in advanced coursework focusing on mental health assessment, family therapy, and healthcare policy. Completed internship placements

in hospitals, clinics, and mental health facilities to gain hands-on experience working with diverse patient populations.

- **Continuing Education and Professional Development:** Committed to ongoing learning and professional development by attending workshops, seminars, and trainings in areas such as crisis intervention, grief counseling, and ethical issues in healthcare. Maintained licensure and certifications in clinical social work to ensure high-quality care for clients in medical settings.

Key Skills

- **Empathy -**
- **Communication -**
- **Research -**
- **Advocacy -**
- **Active Listening -**
- **Critical Thinking -**
- **Writing -**
- **Data Collection -**
- **Cultural Competence -**

Accomplishments

Indiana Broadcaster's Association Scholar Indiana Broadcasters Association	April 2021
Indiana Broadcaster's Association Scholar Indiana Broadcaster's Association	August 2024
Hudson and Holland Honors Scholar Indiana University Bloomington	August 2022

Volunteering

The Center for Youth Voice, Youth Choice Indiana State Team Representative 143 West Market Street #200 , Indianapolis, IN 46204	July 2022 - January 2023
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Our dedicated team collaborated as part of a statewide effort to support and empower parents of individuals with severe disabilities. Our goal was to provide guidance, resources, and advocacy to help families navigate complex legal and custodial options, with a particular focus on preventing the unnecessary or premature use of guardianship. We recognize that guardianship can be a crucial tool in some cases, but it is often a last resort after exploring less restrictive alternatives that promote independence and dignity for those with disabilities. We engaged with families, legal experts, and disability advocates to develop comprehensive strategies that prioritize the rights and autonomy of individuals with disabilities. By offering education and personalized support, we aimed to ensure that parents are fully informed about the implications of guardianship and the available alternatives, such as supported decision-making, powers of attorney, or special needs trusts. Our efforts were part of a broader initiative to foster community awareness and promote policies that respect the dignity of individuals with disabilities while providing parents and caregivers with the tools and knowledge necessary to make informed choices.

Volunteer Photography 1002 North 1st Street , Vincennes, IN 47591	January 2021 - May 2021
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Before April 8th, 2021, I dedicated myself to the fields of photography and journalistic storytelling, with a particular focus on alumni of Vincennes University. My work aimed to capture the diverse experiences and achievements of university graduates, showcasing their journeys and contributions through compelling visual and written narratives. On April 8, 2021, I participated in the inaugural Blazer Give Day, an important fundraising event for Vincennes University. During this occasion, I actively engaged in capturing photographs that documented the event's energy and spirit. I also took

the opportunity to introduce attendees to a variety of snacks, fostering a welcoming and social atmosphere. Additionally, I highlighted new stories and features that were showcased in the university magazine, helping to spread awareness about recent developments and successes related to the institution. Throughout this event, I gained valuable insights into leadership and community engagement. I observed how organizing and executing such a significant event required coordination, vision, and teamwork. Passing along information and connecting with attendees allowed me to foster a deeper appreciation for Vincennes University, its mission, and its community. This experience not only enriched my understanding of university initiatives but also strengthened my commitment to supporting and celebrating the university's endeavors.

Languages

- **English - Expert**
- **French - Competent**
- **Spanish - Competent**

Software

- **Stata - Proficient**
- **Microsoft Word - Expert**
- **Google Documents - Expert**
- **Microsoft PowerPoint - Expert**
- **Google Slides - Expert**
- **Microsoft Excel - Competent**
- **Google Calendar - Expert**
- **CharityTracker - Expert**
- **SimplePractice - Expert**
- **Casebook - Expert**